



# RAFFLES GIRLS' PRIMARY SCHOOL

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Our Ref: RGPS/N24/P3/011

Date: 8 March 2024

Dear Parents/Guardian,

## P3 Term 1 PE, ART, Music updates

### Physical Education

We have come to the end of Term 1 and here are some updates on the lessons conducted in P3 PE. The students have been taught the following skills. They have also learnt some health-related topics based on the My Physical Education Journal.

#### Gymnastics

1. Balance on the head and hands, in the inverted position (e.g., tripod, tucked headstand), and coming out of the balance with control.
2. Roll using the shape of round-tuck in a forward direction.
3. Roll using the shape of round-tuck in a backward direction down an inclined surface.
4. Jump off a medium-height apparatus to land in a controlled finished position.
5. Perform a sequence of four different movements with smooth transition, and different starting and ending positions.

#### Games and Sports (basketball)

1. Throw using the 2-handed push pattern (chest and bounce pass) and the 2-handed overhead movement pattern (overhead pass) to a stationary and moving partner.
2. Throw (pass) to a moving partner, while either one is defended.
3. Dribble using the hands, keeping away from a defender.

The P3 students learnt skills used in gymnastics and basketball. In gymnastics, the students attempted to do an inverted balance. For some, it may be easy, but for most, it is not an easy feat. We are proud of the students because they demonstrated resilience and strived to do their best nonetheless. The sequence the students came up with is an extension of what they did when they were in lower primary. The students demonstrated creativity as they created their gymnastics sequence. Coming to middle primary, the students are exposed to game like concepts, putting the skills they have learnt in lower primary.

#### My Physical Education Journal

1. Taking care of your well-being

Through the physical education journal, the students also learn about regular physical activities help them stay healthy and grow well. They also learn the importance of getting adequate sleep.

## Health Fair Week

During the Health Fair week this year, the students created and taught a game to be played by their classmates in a carnival style. They were also introduced to various healthier snack and meal options from external vendors and the canteen stall vendors. The parent volunteers supported the programme by mending two booths selling fruits, vegetables and the Trail Mix healthy snack. To culminate the experience, some students also attended the parent-child Skateboarding workshop to pick up a new skill.

During this March Holiday, we greatly encourage the students to stay active as much as possible. We hope that the students will continue to do their best and always strive to better themselves as they venture out in the other modules planned for them in the next term.

Best Regards,  
Ms Victoria Chua  
Primary 3 PE Level Representative

## Art

In term 1, students focused on themes of environmental stewardship and creativity.

One of the highlights of our lessons has been closely examining two impactful artworks: "Plastic Ocean (2016) by Tan Zi Xi" and "Black Forest (2016) by Han Sai Por." Through these pieces, we facilitated discussions about the visual qualities present in these artworks, including colour, space, and variety. Through the discussions, students also learned how artists convey the urgent theme of "Save the Earth" and how artworks can serve as powerful tools for raising awareness and sparking discussions on sustainability and environmental issues.

Students also had the opportunity to experiment with arranging materials and expressing their thoughts on environmental issues through their own creative endeavours. They have been encouraged to create 3D figurines using various materials, allowing them to innovate and connect their creations to the broader theme of environmental stewardship.

Our lessons have also emphasized the importance of peer critique, individual guidance, and connecting their expressions to a broader audience through Q&A sessions. Additionally, reflection has been a key component of the learning process, as students have been encouraged to reflect on their creations, their understanding of the overarching theme, and their creative growth throughout the term.

As a culminating project, students created a 3D assemblage artwork of a character that expresses a unique perspective and passion for the planet, utilizing recycled materials. This project aims to vividly illustrate responsible actions and further reinforce the values of environmental stewardship.

I'm truly impressed by the enthusiasm and creativity the students have demonstrated in our art lessons. Their engagement and dedication to exploring important themes through art have been inspiring to witness.

Best Regards  
Ms Cassandra Quek  
Primary 3 Art Level Representative

## **Music**

In term 1, the primary 3 students were introduced to the culture and music from Japan. They were introduced to a clapping game, Omochio Tsukimasho, which imitates the making of mochi with their partner. Through this activity, students developed a better sense of rhythm and steady beat. Most importantly, they had fun playing this clapping game with their classmates. Students were also introduced to various traditional Japanese instruments and played 4 layers of Taiko rhythms as a class to accompany a Japanese story, The Story of Noto Hanto.

For their assessment, students were expected to collaborate cohesively in groups to compose and arrange their own Taiko drumming rhythm in layers using a variety of drums. We were delighted to witness their enthusiasm and effort during the drumming ensembles. At the end of this module, students gained a deeper understanding on Japanese music and culture, as well as the correct techniques of playing different drums.

Talentine, our annual singing and dancing competition, is open for auditions this term to all P3-6 students. This competition will be held during Assembly on 15 April. This competition allows students to showcase their talents and win attractive prizes. We would like to thank all those who have submitted their audition videos. We welcome those who are still interested to take part to submit entries to [RGPSTT@gmail.com](mailto:RGPSTT@gmail.com). Do note that the deadline for submission is 8 March 2024.

Do also keep a lookout for our annual RGPS Got Talent showcase, which is a platform for students to showcase their talents. Students who are interested to participate in RGPS Got Talent can refer to the March consolidated PG for more details regarding the submission. The submission will open on 6 March 2024.

We look forward to your child's/ward's entry.

Best Regards  
Mrs Amy Ng  
Primary 3 Music Level Representative