



# RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

Our Ref: RGPS/N24/P4/008

Date: 8 March 2024

Dear Parents/Guardian,

## **P4 Term 1 PE, Art & Music updates**

### **Physical Education**

We have come to the end of Term 1 and here are some updates on the lessons conducted in P4 PE. The students have been taught the following skills. They have also learnt health-related topics found in the My Physical Education Journal.

#### Athletics

1. Jump for distance and for height.
2. Throw (Projectile)
3. Run over evenly spaced obstacles.

#### NAPFA – Introduction and Preparation

1. Students were introduced to the various items in the NAPFA test and opportunities were created for them to try each item.
2. They were also taught how to train for each NAPFA items (self-directed learning).

#### Dance – Maple Leaf Rag (Group work)

1. Show accuracy, in sync with other group members during the performance.
2. Show confidence, expressions with smiles and eye contact.
3. Perform a pre-designed dance with a modification.
4. Able to work in the group and is involved in contributing ideas.

#### My Physical Education Journal

1. Working towards a healthier you - Eat a balanced meal (In line with the Health Fair Week)
2. Taking care of your well-being – Measure your overall physical fitness with NAPFA.
3. Taking care of your well-being – Set achievable targets and work towards them.

#### Health Fair Week

During the Health Fair week this year, the students created and taught a game to be played by their classmates in a carnival style. They were also introduced to various healthier snack and meal options from external vendors and the canteen stall vendors. The parent volunteers supported the programme by mending two booths selling fruits, vegetables and the Trail Mix healthy snack. To culminate the experience, some students also attended the parent-child Skateboarding workshop to pick up a new skill.

All these components formed the basis of their assessment. Through the activities carried out, the students also learnt values like sportsmanship, teamwork and responsibility in using and keeping the equipment. Generally, students have performed well in their assessment and are able to show their understanding in both physical and health components.

During the March break, we greatly encourage the students to stay active as much as possible. They could also start practising for their NAPFA items where the test will take place in end of term 2.

Best regards,  
Mr Thomas Lee  
Primary 4 PE Level Representative

## **Art**

In the first module, the students learnt about Chua Mia Tee's artwork, "The National Language Class", which depicts a group of Chinese students learning Malay, the national language of Singapore. Discussion about the artwork and the context in which the artwork was painted helped the students to appreciate the conducive learning environment they have today. They were also introduced to other artworks by Chua Mi Tee which reflect how life was like in Singapore in the earlier days.

Besides that, the students learnt about tone and space and how they are used in artwork. For practice, they used poster colour paints and tried painting different tonal values. The students had fun collaborating with their peers to create a panel artwork on the past, present, and future classroom. After being shown photographs of classrooms in the earlier days, they discussed how a day in their classroom is different from those in the past. The students were challenged to envision what the future classroom would look like. The sharing with peers about their thoughts and emotions about school, learning, classmates, and classroom generated many conversations as well as ideas for their final artworks.

For their final task, the students painted an artwork based on 'A Day in My Classroom' using poster paints. They enjoyed drawing their artwork based on their experiences in school. Though they had practised using poster colour paint in class, it was still a challenge for some when painting details in their artworks. The students were encouraged to focus on enjoying the artmaking process and what they were trying to communicate rather than the outcome of their artworks.

Best regards,  
Miss Elena Ker  
Primary 4 Art Level Representative

## **Music**

In term 1, students were introduced to the Ukulele Programme. Students learnt proper techniques of holding and plucking the strings on the ukulele. They were also taught various strumming patterns. Students learnt how to read chord diagrams and were exposed to a variety of chords. With knowledge of chords and strumming patterns, they were able to play simple songs. Every class will be showcasing a performance song during a live peer showcase at the end of the programme in term 2.

Talentime, our annual singing and dancing competition, is open for auditions this term to all P3-6 students. This competition will be held during Assembly on 15 April. This competition allows students to showcase their talents and win attractive prizes. We would like to thank all those who have submitted their audition videos. We welcome those who are still interested to take part to submit entries to [RGPSTT@gmail.com](mailto:RGPSTT@gmail.com). Do note that the deadline for submission is 8 March 2024.

Do also keep a lookout for our annual RGPS Got Talent showcase, which is a platform for students to showcase their talents. Students who are interested to participate in RGPS Got Talent can refer to the March consolidated PG for more details regarding the submission. The submission will open on 6 March.

We look forward to your child's/ward's entry.

Best regards,  
Mrs Lee Beiyu  
Primary 4 Music Level Representative