



RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

Our Ref: RGPS/N24/P4/018

Date: 24 May 2024

Dear Parents/Guardian,

P4 Term 2 PE, Art & Music updates

Physical Education

We have come to the end of Term 2 and here are some updates on the lessons conducted in P4 PE. The students have been taught the following skills. They have also learnt some health-related topics based on the My Physical Education Journal.

Games and Sports - Introduction to Striking and Fielding Games

1. Recap on fundamental skills
 - Throwing (Overhead and underarm) and Catching
2. Striking and fielding game skills
 - Fundamentals to batting
 - Send (Strike) an object using an implement to send it to an intended location (e.g. direction, placement)
 - Move to the next desired position i.e. 1st base, 2nd base etc.

NAPFA

1. Sit up – Number of sit ups in 1 min
2. Standing broad jump – Based on distance
3. Shuttle run – 4 x 10m shuttle run time
4. Incline Pull up – Number of incline pull ups in 30 seconds
5. Sit and Reach – Based on distance
6. 1.6km Run/Walk

This term, students were introduced to the components of the NAPFA test and given time to familiarize themselves with each element before the assessment. PE teachers also emphasized the importance of proper hydration to prevent heat exhaustion and provided guidance on recognizing and managing fatigue during training.

My Physical Education Journal

Our PE programme focused on teaching the students to set achievable targets as a skill. We have taken the opportunity to enhance this skill by getting the students to plan their goals for the NAPFA item. We have guided them to train progressively towards these goals. They learned the importance of setting realistic objectives and gradually increasing their efforts to improve their performance. This approach not only prepares them for the test but also instils a sense of discipline and motivation.

Raffles Fiesta

In Week 10, the P4 students participated in the Raffles Fiesta, designed to provide an opportunity to apply their skills and concepts learned in a competitive game-like situations. During the event, they played a modified softball game, utilizing the striking and fielding skills acquired in the Games and Sports module. The Fiesta also promoted values of sportsmanship, teamwork, and friendship which the students demonstrated admirably during the cheerleading segment.

Throughout Term 2, students demonstrated values such as respect, resilience and graciousness during various activities. They performed well in their assessments showing a solid understanding of both physical and health components.

During the June holidays, we encourage students to stay active while continuing to stay safe.

Best regards,
Mr Thomas Lee & Mrs Claresta Chee
Primary 4 PE Level Representative

Art

In Term 2, our focus has been on "The World and Region We Live In," with a specific theme revolving around "Experiences and Emotions" and the topic of "My Dreams." Through the exploration of artworks such as "Persistence of Memory" by Salvador Dali and "Carnival of Harlequin" by Joan Miro, the students embarked on a journey into the realm of surrealism, unlocking their imaginations and creativity in the process.

One of the key objectives of this module has been to enhance our students' ability to perceive and analyse artworks. Students engaged in discussions, sharing their observations and interpretations of the given artworks, while noting elements such as lines, shapes, ideas, and surrealism techniques employed by the artists. Through these discussions, they have gained inspiration and insights into the world of surrealism.

In addition to seeing and understanding surrealism, students have also been encouraged to express themselves through their own artistic endeavours. They have explored possible interpretations of elements found in the artworks, delved into the five common techniques used in surrealism (juxtaposition, scale, repetition, metamorphosis, and impossible actions), and experimented with digital photography to capture and manipulate images that represent their dreamscape and emotional experiences.

Students also had the opportunity to present their artworks to the class, where they articulated the inspiration, imagination, and emotions depicted in their creations, as well as the surrealism techniques they have employed to achieve their artistic intent.

As part of the appreciation process, our students have been encouraged to reflect on what they have learned about how ideas can be presented in strange and unexpected ways, expanding their understanding of artistic expression and the human experience.

We are incredibly proud of the progress students have made and the enthusiasm they have shown in exploring the world of dreams and surrealism. We believe that this module has not only nurtured their artistic talents but also stimulated their imagination and creativity in profound ways.

Last but not least, the Singapore Mobility Gallery (SMG) is organizing an art competition. The theme is "Transit Spaces, Our Vibrant Places!" If your child/ward is interested in taking part, she can refer to more information on the competition and submission details on their website: <http://www.go.gov.sg/artcompkit2024>

Best Regards
Ms Cassandra Quek
Primary 4 Art Level Representative (Term 2)

Music

In term 2, the primary 4 students continued with the Ukulele Programme and prepared for their peer performance. Each class prepared a different song and performed to the rest of the cohort in the Performing Arts Theatre. The students enjoyed singing and playing their performance song.

After the Ukulele Programme, the primary 4 students were introduced to the World Music - Malay Music Culture Module. In this module, the students were introduced to the music and culture of Indonesia and Malaysia where they learnt various Malay performing art forms such as Silat, Wayang Kulit and Dikir Barat. They are in the process of learning the song, "Dayung Sampan" using Orff pedagogy. The Orff pedagogy incorporates games, speech and movement to engage students in musical concepts via interactive and experiential activities before the theory is delivered. The focus of the Orff programme is to ensure that the students take home the experience of music, giving them a deeper understanding of the theory behind it.

RGPS Instrumental Recital is an annual performance for students to showcase their musical talents on an instrument. Over the years, we have had students performing on a variety of instruments, such as the piano, violin, cello and gu zheng. The application process would be conducted online and the performance will be held in Term 3, 10 July. All interested students are to submit recorded videos of themselves playing an instrument via email to rgpsrecital@gmail.com. The deadline for the online submission is 10 June. Your child can log in to SLS for more information. 10 entries would be selected to perform in our Performing Arts Theatre in Term 3 on 10 July.

Best regards,
Mrs Lee Beiyu
Primary 4 Music Level Representative