



RAFFLES GIRLS' PRIMARY SCHOOL

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RGPS/N24/P5/031

02 October 2024

Dear Parents/Guardian

2024 P5 OCTOBER CIRCULARS

Children's Day will be celebrated on Thursday, 3 October at school and Friday, 4 October will be a school holiday.

Extending our warmest wishes to all who are celebrating Deepavali. May the festival of lights bring you happiness, health and prosperity. Happy Deepavali!

In this set of circulars, you will find the information on the following programmes. Please refer to the table below for a list of circulars which you will be receiving. We seek your cooperation to follow up accordingly and adhere to the submission dates.

If you require any clarifications, you may contact the General Office at 6468 4377 or email the teacher-in-charge as indicated accordingly.

S/N	Item	Remarks
1	Extending Gratitude on Children's Day – 'Celebrating Our Grands'	Reinforcement of Students' Learning

Thank you.

Your Partner in Education
Mrs Elaine Quek
Principal

1. Extending Gratitude on Children's Day – 'Celebrating Our Grands'

As we celebrate Children's Day, we would like to encourage our students to celebrate their grandparents and families.

'Celebrating Our Grands' is an annual celebration by 'Families for Life' to encourage children to honour and appreciate their grandparents or older extended family members. Through this, family values of Love, Care and Concern, Commitment and Respect can be practised. Parents are encouraged to share how grandparents and other family members contribute to the family and encourage the children to express their gratitude.

This October,

- 1) all primary school students are invited to create a gift for their grandparents or older extended family members. Parents are encouraged to complete the craft with your child. Instructions are provided at the back of the craft envelope.
- 2) as a family, take photos and/or videos to share on Families for Life's Facebook and Instagram pages. You may also email the photos and/or videos to: ask-familiesforlife@msf.gov.sg to celebrate this occasion with the larger community.

As our students learn the importance of gratitude in school, we seek your support to reinforce students' learning. Check out the infographics "What Do Students Learn in Family Education (Primary)?" below for more details.

WHAT DO STUDENTS LEARN IN FAMILY EDUCATION?

Through Family Education lessons in Character & Citizenship Education (CCE) curriculum, students learn how to be responsible as family members, and to be grateful to their families* in shaping who they are and who they will become.

They are encouraged to love and appreciate their families, reflect on the value of family relationships, and the importance of strengthening family relationships now, and for the future.

* Families take different forms, with members or guardian playing different roles, such as both parents or a grandparent as the main caregiver, or single-parent families, foster or adoptive families and families with step-parents.

Students learn skills to

- strengthen relationships,
- appreciate the importance of families and
- demonstrate love, commitment, respect, care and concern for their family members.

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HOW CAN PARENTS REINFORCE GRATITUDE ?

DO **ROLE-MODEL BY SHOWING GRATITUDE**

"I appreciate it when you show care by helping with the household chores."

Thank you!

DON'T **FOCUS ON FAULT-FINDING**

"You did not thank me when I ironed your uniform."

SOME TIPS FOR PARENTS


- While it is important for children to learn to be responsible, ensure sufficient support is provided so that your child does not feel overwhelmed.
- Encourage your child by expressing gratitude and appreciation.

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HOW CAN PARENTS REINFORCE LOVE ?


DO SHOW LOVE, PRAISE SPECIFIC BEHAVIOURS

"You listened to me and put away your device yesterday when asked. That's good. Why don't you stop your video games now and let's spend some time at the park?"




DON'T PUNISH BEHAVIOURS WITHOUT EXPLAINING

"If you don't stop playing online games all day long, I will punish you."



SOME TIPS FOR PARENTS

- Discipline with care. Avoid harsh punishment, explain the reason when disciplining.
- Create positive relationships by showing love through affirmation and spending quality time.



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HOW CAN PARENTS REINFORCE RESPECT ?

DO COMMUNICATE RESPECTFULLY

"Can you show your younger brother how to keep the toys away? Can you do it together so that he can learn from you?"



DON'T IMPOSE EXPECTATIONS WITHOUT SHOWING UNDERSTANDING

"Why can't you help your younger brother pick up all the toys?"



SOME TIPS FOR PARENTS

- When conveying instructions, explain the rationale, avoid blaming and support your child in carrying out the task.
- Encourage the child to role model by setting a good example for his or her siblings.




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HOW CAN PARENTS REINFORCE CARE AND CONCERN ?


DO SHOW CARE AND CONCERN

"It is good that you tried your best. Don't give up. We will always support you."




DON'T BE DISCOURAGING

"Why can't you do better in your studies?"



SOME TIPS FOR PARENTS

- Recognise your child's efforts and progress, and not just the results. Avoid comparison.
- When children do not want to disappoint their parents, they may try to meet parental expectations at the expense of their wellbeing.
- Encourage and assure your child by being present and provide support and understanding.



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